

MEDICAL EXAMINATION FOR FOOD HANDLERS

Address:		
Home Contact no/Work Place Contact no:		
A. <u>Declaration Form (to be completed by food handler)</u> Yes /No		
1 Are you now, or have you over the last seven days, suffered from diarrhoea/vomiting.		
2 Have you suffered from fever since more than one week ago?		
3 At present, are you suffering from: i. Skin trouble affecting hands, arms or face ii. Boils, styes or septic finger iii. Discharge from eye, ear or gums/mouth		
4 Do you suffer from: i. Recurring skin or ear infection ii. A recurring bowel disorder		
5 In the last 5 days, have you been in contact with anyone who may have been suffering from cholera?		
6 In the last 7 days, have you been in contact with anyone with diarrhoea or vomiting?		
7 In the last 21 days have you been in contact with anyone who may have been suffering from typhoid or paratyphoid?		
8 Have you ever had, or are you now known to be a carrier of typhoid or paratyphoid?		
9 Have you ever had, or are you now known to have typhoid fever?		
declare that all the above statements are true and complete to the best of my knowledge.		
Signature: Date:		
Witnessed by:Signature:		
Date:		

B. Physical Examination (To be completed by doctor) Yes/No

- 1 Fever
- 2 Jaundice
- 3 Skin infection on hands, arms, face
- 4 Boils, styes or septic finger
- 5 Discharge from eye, ear or gums/mouth

C. Laboratory Test

Result

- 1. Stool culture (if required) Positive /Negative
 - a. Typhoid
 - b. Cholera
- 2. Other tests (if required)

Note:

Medical examination should be conducted annually by a registered medical practitioner. However, at any time a certified food handler should undergo re-examination if these conditions arise:

- a. Jaundice
- b. Diarrhoea
- c. Vomiting
- d. Fever
- e. Sore throat with fever
- f. Visibly infected skin lesions (boils, cut, etc)
- g. Discharges from the ear, eye or nose.

The association should ensure that those who suffer from any of the above conditions are excluded from handling food and be re-examined by a registered medical practition

SHIBU VARGHESE

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PERFORMA FOR MEDICAL FITNESS CERTIFICATE FOR FOOD HANDLERS

HANDLENS	
(FOR THE YEAR) (See Para No. 10.1.2 Regulation, 2011)	2, Part- II, Schedule - 4 of FSS
It is certified that Shri/Smt./Misswith M/sfood items has been carefully examined* by me on	, coming in direct contact with
Based on the medical examination conducted, he/s or communicable diseases and the person is fit to vestablishment.	•
Seal	Name and Signature with
Civil Surgeon	Of Registered Medical Practitioner /

*Medical Examination to be conducted:

- 1. Physical Examination
- 2. Eye Test
- 3. Skin Examination
- 4. Compliance with schedule of Vaccine to be inoculated against enteric group of diseases
- 5. Any test required to confirm any communicable or infectious disease which the person suspected to be suffering from on clinical examination.

